



Your at Home Health Team.

If you require extra help to stay safe at home, Community Paramedicine Remote Patient Monitoring can provide home health care that is tailor-made for your needs.



Future Health

The future of your health is at home.

Future Health Services Inc.

For more information contact us at:
1.866.997.9928
or visit futurehealthservices.ca



Community Paramedicine Remote Patient Monitoring.

Better Health At Home.



Stay safe at home... it's easy!

The Community Paramedicine Remote Patient Monitoring (CPRPM) is an initiative of Community Paramedics across Ontario that uses remote patient monitoring (RPM) technology to help people with chronic illnesses, such as Congestive Heart Failure (CHF), Chronic Obstructive Pulmonary Disease (COPD) and Diabetes, better self-manage their care and stay safe in the comfort of their home and out of the hospital.

Through a partnership with Future Health Services, the CPRPM program is being offered at **NO COST** and will help you:

- o Better manage your COPD, CHF and/or Diabetes symptoms so you **enjoy improved quality of life** and stay at home longer.
- o **Experience better coordinated care** among your Care Team, which could include your doctor, nurses, personal support workers, family members, and others.
- o **Detect and address potential complications with your COPD/CHF/Diabetes earlier** so you won't have to call 911 and can avoid unnecessary visits to the ER.

Our goal is to keep you healthy in the comfort of your own home.

Eligibility

To be eligible for this program you must have a diagnosis of CHF, COPD or diabetes and one of the following:

- o Three 911 calls in the past 12 months
- o Two Emergency Room visits in the past 12 months
- o One hospital admission in the past 12 months

Once identified as a candidate for CPRPM a Community Paramedic will come to your home to set up the easy-to-use, convenient devices based on your specific health condition.

How it works

Once part of the CPRPM program, your home will be conveniently set up with self-management devices based on your specific health condition. You will also be trained on how to use each device. Devices may include a weight scale, blood pressure monitor, pulse oximeter, glucometer and a Pod that automatically connects these devices to your Community Paramedic.

It's easy! All you have to do is use the devices provided to you each day for three to six months. This will allow your Community Paramedic to monitor your biometric data including weight, heart rate, oxygen saturation, blood pressure, and blood glucose. This will help you learn how to better manage your chronic condition to improve your health.

If your biometric data exceeds set thresholds, an alert will be generated and your Community Paramedic will call you to review your current health status.

"The remote monitoring program has brought peace of mind not only to our clients but to their family members. They take comfort in knowing that there is a paramedic they can connect with who is monitoring their readings daily and touching base with them."

~ Cathie, Paramedic ~

Stay connected

A secure, easy-to-use web-based portal will help you, and those in your Care Team, better manage your health by providing the ability to review your biometric data and communicate care plans and updates. This access will allow a more comprehensive and complete interdisciplinary approach to improving your health.

This program does not replace 911 emergency services. If you do not feel well, please call 911